

Salisbury Parks & Recreation Department

MISSION STATEMENT

To provide quality leisure services through safe, attractive, maintained parks and diversified programs that meet the current and future needs of the community.



2003 BROCHURE

City Park Center
704-638-5295

Hall Gym
704-638-5289

Administration
704-638-5291

Civic Center
704-368-5275

Miller Center
704-638-5297

www.SalisburyNC.org/pkrec



**CLASSES ARE LISTED BY
CENTER LOCATION
YOUTH/ADULT
& ALPHABETICALLY**

**CITY PARK CENTER
704-638-5295
Jeff Holshouser
Talita McCain**

YOUTH PROGRAMS

Summer Pre-Camp

Get ready to start the summer off right with City Park's Summer Pre-camp. There will be lots of fun activities, arts & crafts, and exciting trips for children to enjoy. Don't be left out, Sign up today.

Registration begins: Monday, 4/21 for city residents only

Open registration: 4/28

Dates: 5/25-5/30

Cost: \$50 wk/city \$100 wk/non-res.

Summer Camp

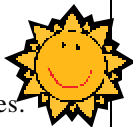
Summer Camp at City Park is "The Place to Be." Children ages 5-12 get ready for 9 weeks of fun, exciting and educational day camps. Camp will offer a wide variety of activities including arts & crafts, swimming, games, movies, guest speakers and field trips. Participants will also receive a T-shirt and box lunches.

Registration begins Monday, 4/21 for CITY Residents only.

Open registration: Monday, 4/28

Dates: Monday - Friday, 6/2-8/1
7:30 a.m. - 5:30 p.m.

Cost: \$50 wk/city \$100 wk/non-res.



PLAYGROUND PROGRAMS

Enjoy a summer filled with games, arts & crafts, and much more. Come out and relax in our parks. Lunch provided at all sites. Register at playground site. No charge.

Monday, 6/2 - 7/25 9 a.m.-1 p.m.

Site locations: Cannon Park, Jersey City Park, Lincoln Park and Long Street Park

Extended Summer Camp

The summer has ended for everyone except yours. Come to City Park and we'll entertain them until they return to school! City Park offers an exciting Extended Camp I & II. Campers will enjoy arts & crafts, sports, and lots of fun games!

Registration begins Monday, 4/21 for city residents only.

Open registration: Monday, 4/28

Dates: 8/4-8/8 & 8/11-8/15 7:30 a.m. - 5:30 p.m.

Cost: \$50 wk/city \$100 wk/non-res.

Beginner's Art Class

Instructor: Barbara Karon

City Park is now offering art classes for children 6-11 years old. Your child will enjoy making neat crafts such as rock paperweights, designer T-shirts and visors, stepping stones, tin punch, and flowerpot canisters! This is a fun way for children to increase and express their artistic ability.

Register: 1 week before session begins

Dates: Saturdays

Session 1: 5/10-5/31 12 - 2 p.m.

Session 2: 6/7-6/28 12 - 2 p.m.

Session 3: 7/12-8/2 12 - 2 p.m.

Cost: \$25 session/city \$0 sess./non-res.



Cheer America

Young Olympians - Rock Hood

Every little girl wants to be a cheerleader. Bring your daughter to City Park for Cheer America. This 12-week program will improve her self-esteem, coordination, and motor skills. Girl's 4-14 years old will learn basic fundamentals and fun routines while promoting physical fitness, artistic expression, competitive spirit, confidence and poise!

Register: Thursday, 5/15

Dates: Thursdays, 5/22-8/14 6-7:30 p.m.

Cost: \$5 /class or \$60 session

Children's Kempo -Karate

Age groups: 6-12

Learn self-defense from martial artist and karate expert Doni Pulley. Enjoy exercising and have fun at the same time.

Registration: on going

Dates: Wed., on going 6-7:30 p.m.

Sat. 10-11:30 a.m.

Cost: \$40 mo./city \$80 mo./ non-res.



Martial Art (BUDO) Camp

Instructor: Doni Pulley

A martial arts oriented summer day camp class will cover character skills, self-defense and the history of martial arts. Students will need to bring: notepads, pencils, cup supporter (male), and a martial art uniform is recommended. Registration: on going

Dates: Monday - Friday, 6/2-6/6

9 a.m. - 4:30 p.m.

Cost: \$60 wk/ city \$120 wk/ non-res.

Super Sunday at Long Street Park

Join friends, family, and neighbors for a fun day at Long Street Park. There will be food, contests, and plenty of activities for all to enjoy. Bring your family for a fun day at the park.

Register by: 7/11

Date: Sunday, 7/20 2-4 p.m.

Cost: \$2 city \$4 non-res.

Young Olympians

Little kids need to know how to protect themselves. Young Olympians self defense course will teach them to protect themselves not only with their hands but also with their heads. Kids will learn how to stay out of potentially dangerous situations while building confidence and self-esteem. This session includes martial arts action as well as street smarts. Space is limited and class fills up fast.

Register on: Monday, 5/12

Dates: Mondays, 5/19-8/4 6-7:30 p.m.

Cost: \$5/class \$60/session



ADULT PROGRAMS

Adult Kempo-Karate

Instructor: Doni Pulley

Street survival is stressed in Kempo Karate. The art is comprised of fighting techniques that use punching, kicking, joint locking and throwing, as well as vital point nerve striking techniques. Students learn how to defend against unarmed opponents, multiple attackers and threats from armed attacks. Defense against sticks, knives and guns are also taught.

Registration: on going

Dates: Wed., 7:30 - 9 p.m.

Saturdays, 11:30 a.m. - 1 p.m.

Cost: \$40 mo/city \$80 mo/non-res.

Cardi nal Squares

Contact: Paul Walker (704-782-2616)

Modern western square dancing. Intro to square dancing begins 1/14 at 7 p.m.

Classes continue every Tuesday & Thursday from 7-9 p.m.

Registration: on going

Dates: Tuesdays, Jan. - June 7-9 p.m.

Jujutsu

Instructor: Doni Pulley

Jujutsu is a martial art with an emphasis on practical self-defense. It is a traditional "Budo" (or warrior art), utilizing throws, joint locks, vital point and nerve striking techniques, choking and pinning methods. Students are taught to break falls as well as how to recover from being thrown. The art is combat oriented and is taught in that manner. There is little or no sport aspect to the style. Registration: on going

Dates: Tues. & Thurs. 7-8 p.m.

Cost: \$40 mo/city \$80 mo/non-res.



Visit our website at

www.SalisburyNC.org/Pkrec

Creating Wearable Art

Instructor: Crissie Cain

Participants will create pieces of wearable art jewelry. Different techniques will be taught at each class. Participants will create jewelry, necklaces, bracelets, bags, earrings, and other wearable art. Must be 12 & older to register for class.

Registration: on going

Dates: Wednesdays & Thursdays

May - August 6:30-9 p.m.

Cost: \$25/1 class, \$65/4 classes/city

\$50/1 class, \$130/4 classes/non-res.

\$20 for each additional class

Oil Painting

Instructor: Patricia Miller

Come out and learn the techniques from Bob Ross, "Joy of Painting", as seen on TV. Patricia Miller is a certified Ross instructor who will guide you in creating your very own masterpiece. All supplies provided. Limited space, register now.

Register: 1 week in advance of class

Dates: Saturdays, 5/10, 6/14, 7/12, 8/9

Cost: \$25 class/city \$50 class/non-res.

Over 40 Aerobics

Class conducted via videotape

Get your heart pumping and your blood flowing. Come to City Park and enjoy the benefits of this low impact aerobic workout. Socialize while you exercise. Don't wait, start now!

Registration: on going no charge

Dates: Mon. & Thurs. May-August
9:30-10:30 a.m.

Round Dance

Instructors: Don & Linda Hichman

Synchronized Ballroom Dance. Learn the waltz, cha cha, etc.

Registration: on going

Dates: Mondays, Jan. - June 7-9 p.m.

Cost: \$40/10 weeks

Scrapbook Workshop

Coordinator: Andrea Shuping

Scrapbooking workshop including instructive "Crop Talk" lessons. Scrapbookers bring their books and supplies to work on. Lunch is provided.

Registration: on going

Register at: 704-633-5086

Dates: Sat., 5/10, 6/14, 7/12 & 8/9

Time: 10 a.m. - 2 p.m. Cost: \$10 class

Yoga

Instructor: Myra Tannehill

Come and enjoy the mental and physical wellness that yoga offers. Experienced instructor will primarily concentrate on the physical portion of yoga. Classes fill



quickly, register now.

Registration: on going

Dates: Tues., May-August 7-8:30 p.m.

Cost: \$6/class city \$12/class non-res.

TENNIS

Instructor: Richard Reinholz

704-637-2587

Group Lessons

Group lessons offered for children and adults. Grab a friend and come learn the sport of tennis.

Registration: on going

Dates: May-August

Beginners: Wednesdays, 4:30-5:30 p.m.

Saturdays; 9-10 a.m.

Intermediate/Advanced: Fridays

4:30-5:30 p.m.

Cost: \$5 class/city \$10 class/non-res.

City

\$20 1 class per week/month

\$40 3 classes per week/month

Non-residents

\$40 1 class per week/month

\$80 3 classes per week/month

Private Tennis Lessons

City Park tennis professional Richard Reinholz will be available for private coaching and tennis lessons.

May - August

Cost: \$20 hour

Call Richard at 704-637-2587

CIVIC CENTER

704-638-5275

Bill Hallman

Paul Moore

YOUTH PROGRAMS

Amazing Card Tricks

Come learn how to amaze your friends with easy to learn card tricks. You'll be the talk of the neighborhood and the life of any party. You will learn a number of tricks and receive a resource sheet of other card tricks. Everyone will receive a new deck of cards.

Register: Monday before class

Dates: Tuesdays : 5/20, 6/24 & 7/22

7-8 p.m.

Cost: \$2 city \$4 non-res.

Back to School Bike Parade

Decorate your bikes (wagons & stroller welcome too) and come celebrate the new school year.

Date: Saturday, 8/16

9-12 noon

Parade starts in the parking lot of First Bank and ends at Salisbury Gateway Park. Co-sponsored by Downtown Salisbury Inc.

no charge



Building Creative Crafts

Popsicle Sticks

Learn how to get started on making creative craft designs using traditional popsicle sticks. Once your project is finished you'll be able to dye, stain, or color your creative artwork and display them for family and friends.

Register by: Tuesday, 8/12

Date: Tuesday, 8/19 5:30-7:30 p.m.

Cost: \$5 city \$10 non-res. (includes all materials & supplies)

Crescent Cloggers

Beginners, intermediate & advanced classes for all ages

Instructor: Ginger Fagan

The Crescent Cloggers offer classes for three skill levels and welcomes all ages to join. With over 12 years experience Ginger teaches a variety of new and traditional routines. Beginners: This class is broken down into rhythm, basic clogging steps & routine so that it may be easily learned in a comfortable atmosphere.

Intermediate: Class refines clogging into more fun steps and dances.

Advanced: Class is geared at a faster pace for the real "energetic" type!

Dates: Mondays & Thursdays

Mondays, May 5, 12 & 19

Thursdays, June 5, 12, 19 & 26

Mondays, July 7, 14, 21 & 28

Mondays, August 4, 11, 18 & 25

Times: Intermediate: 5:30 p.m.

Advanced: 6:00 p.m.

Beginner: 6:30 p.m.

City: \$4 person/mo. or \$14 per season

\$3 person/mo., (2 or more) \$10 season

Non-res: \$8 person/mo. or \$30 season

\$6 person/mo., (2 or more) \$22 season



Family Hoopsters

(ages 3-4)

This 3rd year program is designed to teach 3-4 year olds the basic skills, drills, and FUNDamentals of BASKETBALL!

What makes this program so special? Parents are directly involved during each practice as children are developing crucial motor skills. It's also a great way to spend quality recreational time with your children especially for those parents who want to get out of the house and enjoy something new! Come sign up today and see your child explore the fun sport of basketball.

Register by: Monday, 7/7

Dates: Wednesday, 7/9, 7/16 & 7/23

8/ 6, 8/13, 8/20 10-11 a.m.

Cost: \$10 child /city \$20 child/non-res. (for all 6 classes)

Open Gym & Recreation

Come to the Civic Center on selected Wednesdays this summer for open gym activities and games such as basketball, whiffleball, cageball and more. All activities will be played inside. Be sure to wear recreational clothing and please do not wear black-soled shoes.

No charge

No registration required. 5-7 p.m.

Schedule (dates are subject to change)

Wednesdays during June & July

Summer Suncatcher Crafts

Learn how to make beautiful suncatchers that will bring color and decoration to any room in your home. These creations are also a great gift to a friend or loved one. We'll provide plenty of pattern selections for you to choose from.

Register by: Thursday 5/15

Date: Tuesday, 5/20 5:30-6:45 p.m.

Cost: \$5 city \$10 non-res.

(cost includes all materials & supplies)



Support Our Troops - Flag Painting

Show your support for our American Troops by painting your own ARMY, NAVY, AIR FORCE, or MARINE CORPS flag! Participants will design and paint the flag of your choice and let it dry overnight. The next day we'll meet again to take group photos and send the pictures to the White House and the Pentagon. Each flag will be yours to keep and display at home. A great program for the entire family. Don't miss out on this patriotic opportunity to show your support for American Troops and Armed Forces Day on Saturday, May 17.

Register: No later than Monday, 5/12

Date: Group Painting-Thurs., 5/15 6-7:30 p.m.

Group pictures: Fri., 5/16 6-7:30 p.m.

Cost: \$15 per participant (includes all materials & supplies)

Tuesday Night Games Night for Kids

Are you good at checkers, chess, Monopoly or other board games? You'll have the chance to test your skills against others. We'll have prizes for the winners. Limited to first 40.

Register: Friday of the week before

Dates: Tuesdays, 5/27, 6/17 & 8/12 6:30-7:30 p.m.

Cost: \$1 city \$2 non-res.

Tuesday Night Bingo for Kids

Come on over and join the fun of yelling BINGO. Win prizes and enjoy some good times.

Register: Friday of the week before

Dates: Tuesdays, 5/6, 6/10 & 8/5

Time: 6:30-7:30 p.m.

Cost: \$1 city \$2 non-res.

Youth Tennis Clinic

This is your chance to learn the game of Tennis through games, drills and contests. Qualified instructors will work with children to help them learn the fundamentals. Limited to 20

Register: Friday of the week before

Dates: Saturdays, 6/21, 7/26 & 8/9

No charge

ADULT/FAMILY PROGRAMS

Bicycle Club

Spring your bicycle into action this summer with Salisbury Parks & Recreation Bicycle Club. We encourage anyone with an interest to join our Club and Fun Rides held each week. Safety is a top priority so helmets are required to ride. If you have questions call Jerry Shelby at 704-636-8482 or Paul Moore 704-638-2139. We encourage you to attend our bi-monthly club meetings.

Club meeting dates:

Thurs., 6/5, 8/7 & 10/2 at 6:30 p.m.

Ride schedule

Thurs. at 6 p.m. (except meeting days)

Saturdays at 9 a.m. & 1:30 p.m.

Sun. at 9 a.m. & 1:30 p.m. no charge

**Riders are encouraged to arrive 5 minutes early to discuss the group ride.



Climbing Your Family Tree



Have you ever wondered where your ancestors came from? Why you have red hair or if you have royalty in your bloodline? Then this program is for you. You'll receive tips for searching for your ancestors along with family genealogical forms. We'll have a guest speaker at each session. Program limited to the first 20 people who register.

Register by: Monday, 6/9

Dates: Thurs., 6/12 & 6/19 6:30-8 p.m.

Cost: \$5 city \$10 non-res.

Fibromyalgia Support Group Program

Those who suffer from chronic pain, restlessness or the condition known as Fibromyalgia are invited to take part in a new support group program. The group meets monthly to discuss the issues that surround Fibromyalgia. Our focus is always to remain POSITIVE and explore and share new and old information and solutions that may help you or others to ease the everyday pain and restlessness. Meeting dates: Thursdays, 5/29, 6/26, 7/31 & 8/28 6-7 p.m. no charge

First Aid & CPR Class

Instructor: Natalie Gray

Here's your opportunity to become First Aid & CPR certified. You'll learn the necessary skills that might one-day help you save a life. Natalie is a certified Red Cross Instructor. Don't miss out on this beneficial opportunity. Help Save a Life! Register by: Wednesday, 5/21

Date: Wed., 5/28 9 a.m. - 4 p.m.

Cost: \$20 per participant (includes First Aid & CPR certification card)

Class limited to 15 participants



Summer Disc Golf Classic

Tournament at Kelsey Scott Park

Disc Golf Madness is here and its time to find out who the real Salisbury Disc Golf Champions are! This summer classic will consist of a 2-day event combining two/18 hole rounds of disc golf action with men and women divisions. Course layout will be different for both days. Disc Trophies will be awarded to 1st -3rd place finishers. This is one tournament you don't want to miss.

Register by: Monday, 7/28

Dates: Friday & Saturday, 8/8 & 8/9

Friday tee time: 6:30 p.m.

Saturday tee time: 10 a.m.

Entry fee: \$15 per person

Scrap in a Snap - Scrapbooking

Instructor: Amber Grumbles

Salisbury....Scrap in a Snap is here!! Scrapbookers at all levels are invited to join us for monthly crops. Scrap in a Snap is a NEW scrapbooking company that will help you get your pages done in a SNAP!! Amber is an independent consultant and has been scrapbooking for 7 1/2 yrs. She has created 24 scrapbooks that include baby, family, wedding, high school, college, ABC, and school albums for her children. Each month she'll teach a different class that is sure to excite anyone in scrapbooking. Register one week before each class

Class dates: Saturdays 9 a.m. - 3 p.m.

May 24 - Scrapbooking 101

June 21 - Shaker Boxes

July 26 - Journaling

August 16 - Embellishments

September 13 - Vellum Techniques

Cost: \$10 person/each class session



Shag Lessons

Before you travel on vacation this summer come to the Civic Center on Mondays & Tuesdays in June and learn Carolina Shag & Dance. It doesn't matter if you have rhythm or two left feet. Learning shag is EASY and so much fun! Don't have a partner? That's OK you can still learn anyway. We'll

teach and walk you through all the steps in a comfortable and easygoing atmosphere. So add some spice to your vacation this summer and learn Carolina Shag. You can't beat the price!
 Register by: Thursday, 5/29
 Dates: Mon. & Tues., 6/2 - 6/24,
 6-7:15 p.m. (includes all 8 classes)
 Cost: \$10 city \$20 non-res.

Celebrate Summer at Towne Creek Park

It's the end of summer and time to join in with your neighbors for some old fashioned fun. We'll have a hot dog cookout, games and activities for the kids and prizes too. Come out and celebrate with us!

Date: Saturday, 8/2 11 a.m. - 1 p.m.

Sundaes on Sunday at Fairview Heights Park

Residents in the area of the Fairview Heights are invited to the park to make their own sundae. Ice cream plus all the fixings provided. Activities for children will also be available. Register by:

Monday, 7/14

Date: Sunday, 7/20 3-4 p.m.

HALL GYM
704-638-5289
Steve Clark
Randall King

YOUTH ATHLETICS OPEN GYM

Come to Hall Gym during our open gym times and just shoot hoops or get into a pick-up game. Work off that excess energy and stress. All ages are welcome.

****Hours of operation may vary depending on programs being offered.**

Dates: Monday-Thursday May-Aug.

10 a.m. - 8 p.m. no charge

Fridays, 10 a.m. - 5 p.m.

Saturdays, 10 a.m. - 1 p.m.

Cane Street Stormers

If you're interested in playing street hockey then this program is for you. If you've played in the past or just beginning you need to come to Hall Gym and play in our program. This is a program for every skill level. For youth ages 7-14.

Dates: Fridays, 8/8-9/26

3:30 - 5 p.m. no charge

Little Athletes Package (coed ages 4-6)

Let us teach your little athlete the basic fundamentals of these popular sports. We emphasize fun and good sportsmanship. Get 4 programs for the

price of 3. Programs include Little Sluggers baseball, Little Kickers soccer, Little Dribblers basketball and Little Tacklers football. Programs will run on Tuesdays & Thursdays during the months of August & Sept.

Parents are encouraged to participate.

Register by: 8/4/03

Dates: Tuesdays & Thursdays, 8/5-9/25
 from 5:30 -6:30 p.m.

Cost: \$30 city \$60 non-res.

Little Sluggers Baseball

(coed ages 4-6)

Play ball!!! Opportunity for boys and girls to learn the basic skills of baseball: hitting, throwing, running and catching. A GREAT learning experience and lots of fun for your child. Parents can play too! Register by: 8/4

Dates: Tues. & Thurs., 8/5-8/14

5:30 - 6:30 p.m.

Cost: \$10 city \$20 non-res.



Little Kickers Soccer

(coed ages 4-6)

An opportunity for boys and girls to learn the basic skills of soccer from head to toe: dribbling, passing, defense and more. A GREAT learning experience and lots of fun. Parents can play too!

Register by: 8/18

Dates: Tues. & Thurs., 8/19-8/28

5:30-6:30 p.m.

Cost: \$10 city \$20 non-res

Little Dribblers Basketball

(coed ages 4-6)

Its back! An opportunity for boys and girls to learn the basic skills of basketball: dribbling, shooting, passing, defense and more...a great learning experience and lots of fun! Parents can play too! Register by: 9/2

Dates: Tues. & Thurs., 9/2-9/11

5:30-6:30 p.m.

Cost: \$10 city \$20 non-res.



Little Tacklers Football

(coed ages 4-6)

Something new is here for your little athlete- Little Tacklers. Boys and girls will learn the basic skills of football: running, passing, catching, defense and much more. Parents can play too.

Register by: 9/2

Dates: Tues. & Thurs., 9/16-9/25

5:30 - 6:30 p.m.

Cost: \$10 city \$20 non-res.

Gold Camp I

(boys & girls ages 7-14)

Instructors will teach fundamentals and ethics in all areas of golf. Participants will have the opportunity to play par 3's,



hit at a driving range, work on putting, and other activities. Participants must bring their own golf clubs and lunch.

Limited to 18 participants.

Register by: 5/31

Dates: Monday - Friday, 6/9-6/13

9 a.m. - 4 p.m.

Cost: \$50 city \$100 non-res.

Golf Camp II

Register by: 7/13 (limit 9 participants)

Dates: Monday - Friday, 7/28-8/1

9 a.m. - 4 p.m.

Cost: \$50 city \$100 non-res.

Indoor Soccer League

(ages 5-8)

This is your chance to play soccer during the summer. Come join the brand new indoor Soccer League at Hall Gym. This is an instructional league to help the kid's work on ball control, passing and shooting. There will be a 5-6 yr. old league (non-competitive), and a 7-8 yr. old league. Proper safety equipment is required. Volunteer coaches needed.

Register by: 6/2

Dates: Practices - 6/9-6/26 6-9 p.m.

Games: 6/30-7/24 6-9 p.m.

Cost: \$15 city \$30 non-res.



Pitch, Hit and Run

(boys & girls age 9-14)

Baseball competition where boys and girls compete separately in hitting, pitching & running. Local winners have the opportunity to advance to Regional competition and then to the National finals held at the 2003 All-Star game.

Age groups: 9-10, 11-12 & 13-14

Register by: 5/18

Dates: Sunday, 5/18 from 2-4 p.m.

Rain date: Sunday, 5/25 from 2-4 p.m.

Cost: \$1 city \$2 non-res.



Punt, Pass & Kick competition

(coed ages 8-15)

Here is a memorable competition for boys and girls to show how they can kick and throw the football. Enter the local competition with a chance to advance and compete at halftime at a Carolina Panther football game.

Ages division: 8-9, 10-11, 12-13, & 14-15. Boys and girls will compete separately.

Register by: 9/14

Date: Sunday, 9/14 from 2-4 p.m.

Rain date: Sunday, 9/21, 2-4 p.m.

Cost: \$1 city \$2 non-res.

Location: Catawba College Football Stadium

Parks & Recreation
The Benefits are Endless!

Summer Sports Bonanza

(ages 7-15)

A sports contest will be held each Wednesday in July. Contest will be broken down by age groups with winners receiving prizes each day. The contest will begin at 2 p.m. Register by: 7/1
Dates: Wednesdays, 7/2-7/23
2-4 p.m. no charge

Youth Nights

Kids, its summer and you have nothing to do. Join us for a good time. Come hang out with your friends. Play sports, cards, and watch a movie at our Youth Nights.

Dates: Tues., 6/3, 6/17, 7/1, & 7/15
6:30 - 8 p.m. no charge

Public Swim Lincoln Pool



Be cool at the pool! Lincoln Pool offers a variety of pool activities: public swimming, swim lessons, pool parties, rentals and more. Rentals are available for sports groups, birthdays or reunions. Public swim hours may vary due to rentals and special programs. Cost: \$1
Pool dates 5/24 - 8/2

Dates: Mondays, 1-6 p.m.
Tuesday - Thursday, 3:30 - 6 p.m.
Friday & Saturday, 1-5 p.m.

Minnow Swimming Lessons (ages 4-8)

Do you want your little ones to learn the basics of swimming? This is a class for beginners. Instructors will help them learn strokes, kicking, water safety and more.

Register by: 5/30 for Session I
7/4 for Session 2

Dates: Session 1: Saturdays, 5/31-6/28
from 11 a.m. - 12 noon

Session II: Saturdays, 7/5-8/2 from 11
a.m. - 12 noon

Cost: \$12 city/session or \$2 class
\$24 non-res.session or \$4 class

ADULT ATHLETICS Coed Softball League

USSSA sanctioned coed softball league for ages 14 & over. Sanction fee not included and will be paid separately (\$20). Teams will play once a week starting the end of July. Coaches meeting 7/17 at 6:30 p.m. at Hall Gym
Register by: 6/13

Dates: Sundays, beginning 7/27
2-6 p.m.

Cost: \$350/team + \$20 sanction fee

1st annual Softball Homerun Derby

Think you can hit the long ball? Sign up for our 1st annual softball homerun



derby. Competition for anyone 18 yrs. & older and will consist of two rounds. Must supply your own softballs (.47 core) and supplying your own pitcher is recommended.

Register by: 6/27

Dates held: Monday, 6/30 -6-9 p.m.

Tuesday (if needed) 7/1 6-9 p.m.

Cost: \$5 city \$10 non-res.

Ladies Night Out Basketball

That's right ladies, no guys allowed. Come out for our "Ladies Only" Basketball Night. Program is designed for ladies to come out and play pick-up games or just shoot around. Have some fun, relieve some stress and test your skill against other ladies in town.

Register by: 6/4

Dates held: Wednesday, 6/4-7/30 from
6- 8 p.m. no charge

Men's Open Softball League

USSSA sanctioned open softball league for men 16 & over. Sanction fee not included and will be paid separately (\$20 team). Teams will play twice a week beginning the last week of July. Coaches meeting 7/15, 6:30 p.m. at Hall Gym.

Registration: 6/9 teams that played
previous year
6/15 for new teams

Dates: Monday -Thursdays beginning
7/28 from 6-10 p.m.

Cost: \$450 team/ \$20 sanction fee
Sports Complex



Men's Church Softball League

USSSA sanctioned Church Softball League for men 16 & over. Sanction fee will be paid separately \$20. Teams will play twice a week with the season beginning the end of July. Coaches meeting July 17 at Hall Gym.

Registration: 6/9 teams that played
previous year 6/16 for new teams

Dates: Monday - Thursday beginning
7/29 from 6-10 p.m.

Cost: \$400 team /\$20 sanction fee
Sports Complex

6th Annual 5K Race Run/Walk for the Greenway (coed all ages)

Come out and support the Salisbury Greenway project. Both runners and walkers welcomed. This 3.1-mile course will take you through a small portion of the completed Greenway. All pre-registered participants guaranteed a T-shirt, Thirteen age divisions from 14 & under to 70 & over.

Register by: 7/14 for \$12 at Hall Gym
or race day for \$15

Date: Saturday, 7/19 at 8 a.m.

Location: Knox Middle School



Supervised Walking Program at the Greenway

Instructor: Bob Zirt

The Salisbury Parks & Recreation Department and Salisbury Rowan Runners Club invites you to walk the Salisbury Greenway. Our supervised walking program is designed to promote the benefits of walking, exercise and healthy lifestyles. Walk with others and learn more about our Salisbury Greenway trail as well. Walk begins at 5:30 p.m. and will start at Knox Middle School beside the tennis courts.

Register: at the walk site

Dates: Mon., Wed., and Fri., year round
at 5:30 p.m. no charge

Coed Volleyball Night

All men and women are welcome on Wednesday nights beginning August 6 to play volleyball. Opportunity to come out, have some fun and relieve some stress. Bring a team or just show up to play. Program will run for 2 months.

Register by: 8/6

Dates: Wednesdays, 8/6-9/24
6-8 p.m. no charge

MILLER CENTER

704-638-5297

Rodney Harrison

April Hawkins

YOUTH PROGRAMS

Summer Day Camp

(ages 5-12)

Best deal around...so look no further. Colorful décor, safe environment, quality staff is part of this explosive package. Our fun under the sun includes a well-balanced breakfast and lunch provided by USDA. Also included in the cost, a camp T-shirt, table games, arts & crafts, swimming, sports, special guests, trips, computers, and multi-cultural books.

Registration begins: 4/21 for CITY residents only

Open registration: 4/28

Cost: \$50 wk/city \$100 wk/non-res.

Dates: 6/2-8/1 7:30 a.m. - 5:30 p.m.

Pre Summer Camp dates:5/27-5/30

Cost: \$40 city \$80 non-res.

Payment in full for the first week your child is registered. A \$10 (non-refundable deposit) for each week you wish to reserve a slot. The balance is due the Friday before the next week begins. Children should wear comfortable clothes & tennis shoes. Discount available for multiple children.



Open Recreation

(ages 5-18)

Are you ready? Grab a friend and come on down where everyone meets and have a good time. What do you like? We offer computers, multicultural books, gym for basketball, music, television time, chess, checkers, a wonderful playground structure and more.

Mega fun in a safe environment.

Dates: Monday - Friday during school year from 5-6 p.m.

During the Summer: Monday - Friday from 5:30-7:30 p.m.

Saturdays: 10 a.m.-2 p.m. no charge

Autumn August Fun Day

(ages 5-12)

Not prepared for school yet? Enjoy one last day of shopping and completing those last minute things you've been putting off all summer long. Bring your child to us and we'll make sure they have a day loaded with breath taking fun. We have a water slide, new computer games, and much more. Register by: 7/28

Date: Monday, 8/4 7:30 a.m.-5:30 p.m.

Cost: \$10 city \$20 non-res.

Boys Club

(ages 5-12)

Bring a friend, get together with old friends and meet new ones. You will have more fun than you can imagine. Here is what we offer: trips to basketball games, floor hockey, crafts, bowling, skating, football games and much more. Parents, we also offer youth various sessions on life skills.

Registration: on going

Operates during school year

Call for schedule of events no charge

Girls Club

(ages 7-16)



Summer is approaching fast!! Want to have an eventful and exciting summer? Then the girls club is just what you need. We have created a very intense and knowledgeable agenda for all that participate. Pop in and check it out.

Registration: on going

Dates: 1st meeting Thursday, 5/15

Meets throughout the summer from

6-7:30 p.m. no charge

PARKS & RECREATION
THE BENEFITS ARE
ENDLESS!

www.salisbury.nc.org/pkrec

Girl Scouts

(all ages)

Coordinators: Marzetta Boyd &

Thomasina Paige

No more school---you're hot and bored out of your mind? Stop by Miller Center and join the Girl Scouts. We will have plenty of things to do and places to go. If you're looking to have a great summer, this is the place to be.

Registration: on going

Dates: 1st meeting in June TBA



Introduction to Sign Language

(all ages)

Instructors: Tia Glass & Monique

Woodberry

Put your hands to good use. Bridge the gap of communication by learning the basic skills of sign language. With the world changing daily, become a well-rounded individual by mastering the skill.

Register: 1 week prior to class date

Date: Saturdays, 8/9, 8/16, 8/23 & 8/30

Cost: \$8 city \$16 non-res.

Movie Bonanza

(age 5-12)



Need a break...looking for weekend fun? Get out of the sun and join in on the fun. This bargain includes a movie and snack. Save \$1 by registering for all 3 dates. Registration begins: 6/16

Dates: Saturdays, 6/28, 7/26 & 8/30

12-2 p.m.

Cost: \$2 city \$4 non-res.

Pizza Box Experiment

(ages 11-15)

Instructor: Tabalech Shipp

This is for all you science buffs. Explore how the sun's output energy helps to lower the electric bill by cooking different types of food with a pizza box. Using the sun's energy and household items, you will be able to make your favorite food with the help of a solar oven box.

Register by: Friday, June 6

Date: Friday, June 13 12-2 p.m.

Cost: \$5 city \$10 non-res.

Teen X-treme

(ages 13 & up)

Trying to beat the heat waves? Here is a new and "splasherisitic" water park to sooth your cooling needs. Let's venture to another world---Let's go to Ray's Splash Planet where there are tons of water rides and slides. If you thought Emerald Pointe was fun wait until you visit Ray's place.

Transportation included in fee.

Register by: Friday, June 20

Date: Saturday, June 28

10:30 a.m. - 2:30 p.m.

Cost: \$10 city \$20 non-res.

Location: Charlotte, NC

ADULT/FAMILY PROGRAMS

Poetry Slam

(ages 18 & up)

Instructors: Tia Glass & Monique

Woodberry

Let your creative juices flow. Take advantage of an evening loaded with artistic writing, free expression, and relaxing music in a cool, calm atmosphere. A variety of events will take place. "Be there if you dare". Light refreshments will be provided.

Register: 1 week prior to event date

Dates: Thursdays, 5/15, 5/29, 6/12, 6/26, 7/10 & 7/24 7:30 - 9:30 p.m.

Cost: \$4 city/night \$8 non res/night

Resource Room

Our latest attraction! Computers are now available. We have educational games to assist with reading, writing, math, problem solving, history, typing, spelling and much more. This is an excellent opportunity to stay in touch with our computerized generation. Stop by and see how your family can benefit. We offer private lessons. no charge

Dates: May - Mon. - Fri. 12-6 p.m.

June & July- Mon.-Fri. 5:30-7:30 p.m.

Saturdays from 10 a.m. - 2 p.m.

Senior Social Organization

Coordinators: Samuel Williams &

Evelyn Clayborn

We are exciting, vibrant, and full of spunk. We're the Miller Recreation Center Seniors and when we play we play hard. We do it all...casino trips, birthday celebrations, fellowship, crafts, gardening and more. If you're looking for a lively group of people then drop on by. Registration: on going

Dates: Every Thursday beginning May 1st from 10 a.m. - 12 noon

Special Event WalMart All American Fishing Derby (ages 5-16)

Get HOOKED & Win BIG! Be a part of the grand opening of our new lake at the Salisbury Community Park. Don't miss the "Casting" and "Big Fish" contests. We have prizes, fishing gear, gift certificates and give aways galore. Practice your skills and catch the big one. Register by: 5/26

Date: Saturday, 6/7

8:30 a.m. - 12 noon no charge

Location: Salisbury Community Park

935 Hurley School Road



**Don't Let Gas Prices Get Down,
PARK IT
At Salisbury Parks & Recreation
PARK SITES**

Cannon Park	600 Park Ave
City Park	316 Lake Drive
Fairview Hgts	Harrell Street
Forest Hills	230 Grove Street
Greenway	Old Mocksville Rd.
Jersey City	709 W. Kerr
Kelsey Scott	1920 Wilkesboro
Long Street	1515 N. Long St.
Morlan Park	525 Carolina Blvd.
Oakland Hgts	1301 Longview Ave
Towne Creek	315 S. Boundary

Salisbury Community Park
935 Hurley School Road

OTHER FACILITIES

Sports Complex	1113 Walnut Street
Lincoln Pool	110 Old Concord
Maintenance	818 S. Boundary

**If you have a talent you would like
to share or would like to teach a
class call Kenny Roberts
at 704-638-2115**



3 Easy ways to register:

1. Visit us on line at:
www.salisburync.org/pkrec
2. Stop by in person
3. Clip Coupon and mail
with payment to:
Salisbury Parks & Recreation
P.O. Box 4053
Salisbury, NC 28145-4053



Shelter reservations can be made
by calling the Administrative
Office no later than 1 week in
advance. There is a \$10
reservation fee.

704-638-5291

REGISTRATION FORM

Title of Class

Location of Class Day & Time

Name

Address

City, State, Zip Code

Telephone (home) (business)

Age (if under 18) grade
**WAIVER MUST BE SIGNED BY PARTICIPANT
OR PARENT.** The undersigned agrees to abide by the
rules and regulations as established by this department and
further state: "In consideration of your accepting this
entry, we hereby, for ourselves, heirs, executors, or
administrators, waive and release all rights and claims for
damages we may have against the Salisbury Parks and
Recreation Department, their agents, representative, or
assignees for any and all injuries which may be suffered
by the participant during participation."

Participant or Parent Signature

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